

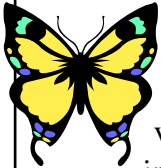
# Transitions

Vol. 4, No. 1

Encouragement for the inner and outer journey

Spring 2003

## Nothing opposes God's Divine Ideas except our own fears



*Dear friends,*

This is an exciting time in my life as our visions expand and our dreams are coming into form in our outer world.

Teachers and healers are coming forth to do their part in the growing consciousness at Interfaith Center.

Buddhists, Shaman and Christian mystic are teaching and are available for spiritual guidance, coaching and support as a person goes through spiritual and life challenges.

Many people have held the vision and the spiritual vigil for many years. Now there is a greater willingness to combine efforts and share our visions and truly do the physical work that can only be accomplished by individuals working together for a common purpose, mission and goal.

When we allow our Spiritual Nature to expand our consciousness then, each individual can follow through with their vision and the bigger picture will come into physical form.

Remember, nothing opposes God's Divine Ideas except our own fears.

Learn to allow God to guide you and your fears will be transformed into a deep inner confidence and knowing. We must remember that we are Spiritual beings in a Spiritual Universe, and we are having physical experiences. We are reminded that the spiritual world supports this physical world, and that all meaningful things that are accomplished are brought forth from our spiritual nature into our life.

A Course In Miracles reminds us that we are all teachers and students to each other.

At Interfaith Center and in my own life, I am richly blessed with seasoned spiritual teachers who are available to guide and encourage each other as well as teach classes and provide individual guidance.

So when someone is experiencing a spiritual, mental, physical, or emotional challenge or crises in their life there are many stable, trustworthy teachers and ministers available to guide, validate and coach a person through their process in life.

We are not alone on this blue Planet Earth. We are here to love, encourage and support each other as we go through life together.

*Joyous Blessings,*

— *Marci*

### *Looking for a spiritual guide?*

If you are interested or curious about mysticism, practices or teachings from different religions, Interfaith Center has available Spiritual Guidance and Coaching by teachers, ministers, and priests who practice and teach from:

- ☪ A Course In Miracles
- ☪ Buddhism
- ☪ Christian
- ☪ Judaism
- ☪ Shaman

Contact Rev. Marci DeVier at Interfaith Center 573.234.1001 or 573.474.0675. We can put you in touch with the type of guidance you are seeking.

# The Philosopher's Stone

by Judith Taylor

## **Guides 101, Lesson 2**

*Here's the second installment on guides and power animals — the previous installment is in the December '02 Transitions, and will (eventually) be posted on the web site at [www.interfaithcentercolumbia.org](http://www.interfaithcentercolumbia.org) on The Philosopher's Stone page.*

When we're asking questions of our guides, what can we receive information about?

That which, a. is for our highest and greatest good (which our guides do have some discretion about, in turn receiving advice from their mentors) and, b. what we are ready to hear, understand and use. I've found out that we are responsible for what we know. Once we have information, we are responsible for what we do with it!

Receiving was a skill more difficult for me to learn to learn than sending was. (Just as listening is a skill that can take many years to polish after a child learns to speak ...)

The first hurdle in working with my guides, was the idea that "I" was sovereign in my own mind. Being trained from an early age to be very egocentric, there was a strong belief that "I" was the originator of every thought that passed through my head. I was actually arrogant enough to think that I created all "my" thoughts. If I was trying to communicate with my guides, and got something, it had to be imagination and personal desire. Being taught that day-dreaming was a bad thing also hampered progress, since receptivity to guides and information is definitely enhanced in a state of alpha awareness (which also includes hypnosis, meditation and deep relaxation).

The misinformed ego is very attached to its beliefs. Habits of thought tend to be insidious, and that one was to persist for years, causing many doubts until time and repeated experience proved the rational mind/ego to be in error ... Now, that ego is better trained, and knows that it is not allowed to do more than flash the question to my conscious mind, "Where did THAT come from?" (That question is, by the way,

an IMPORTANT one that all who look for communication from the "other side" would be well advised to keep in their repertoire — more on that, later.)

To begin with, this cat guide's communication took the form of images and subtle shifts of feelings. One example of this is how I was shown her preferred gender. (Many guides don't show gender at all, since sex is a body thing and not a necessity of the spirit.) I happened to be in a fairly deep meditative state when my friend showed up in my inner vision. She then immediately turned and headed away, looking back over her shoulder, with an expression of, Well, are you going to follow me or not? I "followed" her, not too far, where I then saw her with a litter of nursing kittens. The message was that this being is a She, and she is a Parent. Why this information was important, I don't yet understand. Guides have their own timing and reason for the messages that are given.

Being open to receiving is also based on trust. Trust comes after getting to know someone, and observing their actions. (One thing about the world of spirit — an entity out of body cannot tell a direct lie. They can refuse to answer, or can misdirect, but CAN-NOT lie in response to a yes-or-no question.)

So, in the beginning I set my intent. I insisted that I would only work with guides who were of the frequency of love and light, who knew and were willing to work with the lineages of Yeshua (Jesus), Buddha and the other saints. Clear and firm boundaries are as important in spirit as they are in body. Only after I questioned them as to their intent and motivation, would I then allow them to enter "my" space, and access me.

The final ingredient — practice, practice, practice. Like playing a piano or riding a bicycle, we get better as we put time, energy and focus into it. Our guides tend to be much more patient with us than other humans are, and have the willingness to keep trying until we get the message. So set a regular time, and make it a date with yourself. The rewards will come, just give YOURSELF the benefit of your patience.

# Calendar

**Celebration of Worship:** Sunday 11:00 a.m

Join us for this multi-denominational, God-centered celebration of fellowship through inspiring words and music. Joyous and casual.

**Children’s Class:** Sunday 11:00 a.m.

Welcomes 4- to 16-year-olds for light hearted exploration of faith and values. Science of Mind — A series of lessons designed to empower youth.

**Interactive Adult Class:** Sunday 9:30 a.m.

Spiritual awareness and practical applications for daily life. Facilitators vary.

**Breaking Bread Together:**

Pot Luck — The First Sunday of the Month after Sunday Celebration Services. Bring a covered dish to share.

**Classes and Groups**

**A Course In Miracles:**

Facilitated by Rev. Marci DeVier. Practical applications for everyday use, based on the principles of ACIM. It’s lighthearted and fun; each class is complete. Curious newcomers are always welcome. Wednesday Night: 5:45 to 6:45 and 7 to 8.

**Yoga Instructor Wanted:**

Dependable and experienced; certification a plus. We have a large, carpeted space that has good temperature and lighting control with off-street parking. Day and evening hours are available and the monthly rent is negotiable. The Center is situated on a wonderful energy vortex.

**For more information, contact Marci DeVier.**

**Phone:** 234-1001

**Email:** revmarci@interfaithcentercolumbia.org

## Who we are

*Interfaith Center is inclusive rather than exclusive. People of all faiths and spiritual orientations are welcome.*

- ☛ We believe that God has no favorites and that no one, regardless of their beliefs, is excluded from God’s Kingdom.
- ☛ We believe in developing a direct, loving relationship with God, humanity and all creation.
- ☛ We believe that by creating a greater understanding and appreciation for all people, we draw closer to the Spirit who lives within us all.
- ☛ We draw upon the truth and beauty of all great spiritual teachings and sacred writings.
- ☛ We seek to bring into focus the love, joy, serenity, wisdom and healing that exist as the foundation of all Native Religions, Christianity, Judaism, Hinduism, Yoga, Islam, Sufism, Buddhism, Taoism, A Course in Miracles and other teachings through worship meditation, discussion, music and dance, workshops, seminars, classes, study groups, service projects and social gatherings.
- ☛ We have no dogma, laws, creeds, systems of belief or required ways of believing. We are multi-denominational, God-centered celebrants of life and spirit.

## Transitions

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 Judith Taylor

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**Contributions** — *Monetary and service donations are joyfully accepted! Please base your contributions on the value Transitions has in your life. We also welcome paid advertisements.*

### Our Mission Statement

Interfaith Center honors all sacred paths and healing journeys. We are co-creating a community of teachers, learners, and healers who work together for the transformation of consciousness.

# Living in the Divine

Rev. Carole M. Lunde

**April 6, 2003, 1:30 p.m. @ Interfaith Center Columbia**

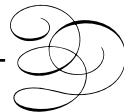
We all want to live in our universal oneness with God as we carry out our life experiences on this planet. We have a zillion self-help, meditation and spiritual inspiration books to help us get there. Yet, something still stands in the way.

People hear the spiritual message and don't commit themselves to it. Relationships supposed to be based on commitment fall apart. The word commitment causes people to shrink away, afraid they will be trapped into something that once again won't work for them.

I will be presenting a unique map that shows us where we are, where we want to go and how we get from location to location in our spiritual growth. If we know for sure where we are starting from, we can locate a second point and have a sure way to reach it. Most interesting is to discover where commitment lives and why we don't reach it.

This map was given to me when I was ministering in Columbia and it is the best I have ever seen. I have been teaching it in churches ever since I received it. I will give you the map to hold in your hand and show you how to use it. You will be amazed at how clear it is and how effective it will be in your life.

Looking forward to sharing with you, Rev. Carole M. Lunde



Rev. Carole M. Lunde is a dynamic speaker and will be speaking at the 11 a.m. Sunday Service on April 6.

The Seminar *Living in the Divine*, which will be presented at 1:30 p.m. after our pot luck lunch, can save you years of self study. Rev. Carole teaches with real clarity and always provides user-friendly examples and tools for daily application. She is a gifted teacher and has a way of empowering others to expand their lives.

I continue to use the material that Rev. Carole taught when she was here in Columbia. Carole is a mentor and a friend. Her coaching, clarity and teaching has enriched my life and empowered me to do things I only dreamed of.

Come and experience an enriching seminar!

— Rev. Marci DeVier

*A love offering will be accepted for this seminar.*

## Items of Note

- Our Monthly Pot Luck is now on the first Sunday of the month following the 11 a.m. Sunday Service.
- Reminder: St John's Order will be speaking the last Sunday of each month.
- There are now two ongoing A Course in Miracles classes. Both meet on Wednesday evenings. The first at 5:45, and the second at 7. Each class lasts one hour. Newcomers are welcome to join either class at any time.
- A big welcome and thank you to Interfaith Center's new Board Members. They are — President: Kevin Kelly; Vice President: Judy Shaw; Treasurer: Perry Weaver; Secretary: Mary Braxton; Member Jan Welsh; Member: Cheryl Elsbery.
- Check out the Interfaith Center of Columbia, Missouri, Web site for the latest news on upcoming speakers, events, classes and past issues of the newsletter thanks to the wonderful work of Rob Besalke.  
Be sure to bookmark our URL — [www.interfaithcentercolumbia.org](http://www.interfaithcentercolumbia.org)

## We hold Peace today in our hearts

When our outer world is in conflict and at war we are to remember to become aware of what is breaking through and allow the old to break down and crumble.

Remember to connect to the peace within your consciousness and hold the Vision of peace in your family, workplace, and around the world.

Remember bodies may be killed and die however the spirit returns to God and is never lost.

Practice and live in joy and peace, the presence and power of God is right where you are.

BE ... the Peace in this world and in your life that you hold a vision of.

### *A Course In Miracles*

“ I place the peace of God in your hearts and in your hands, to hold and share. The heart is pure to hold it, and the hands are strong to give it, We cannot lose.” — Text 76

# Transitions

*Encouragement for the inner and outer journey*

**Interfaith Center  
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### **Qigong classes**

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to take a look!

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